

LAL BAHADUR SHASTRI GOVT.COLLEGE SARASWATI NAGAR, SHIMLA
WOMEN REDRESSAL CUM SEXUAL HARASSMENT COMMITTEE

Report On Mehandi Competition

19-08-2023

Women Cell of LBS Govt.College Saraswatanagar organised a Mehandi competition on the occasion of Hariyali Teej.Approximately 50 girls participated in this competition. All the members of women cell were present in it including the Convenor of Women cell Dr.Lalita Rawat ,senior faculty members Dr.Poonam Mehta ,Dr Yogita Bandta ,Dr.Punam Chauhan ,Asstt.Prof Preeti Chhatti , Asstt.Prof Diksha Chauhan, Asstt.Prof Priyanka and Mrs Nirdosh Pathania.The girls participants made different styles of mehendi designs such as Floral,Arabic,Contemporary etc.The judges of this competition were Dr.Lalita Rawat,Dr Poonam Mehta,Dr Rohit Mokta and Dr Punam Chauhan. Miss Sukriti a student of B.A 3rd year stood 1st,Miss Tiya student of B.A 3rd year stood 2nd.The third position was bagged by Miss Sahiba and Miss Nishika. Principal of the institution Dr.PP Chauhan congratulated all the participants for their work and motivated them to try their best level in such upcoming competitions.





Principal

LBS Govt. College Saraswatinagar



Convenor

Women Redressal Cell

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Report On Rakhi making Competition

26-08-2023

Women Cell of LBS Govt.College Saraswatinagar organised a Rakhi making competition on 26th August 2023 to commemorate the festival of Raksha Bandhan. Approximately 30 girls participated in this event .The participants displayed a wide range of creativity using various materials such as beads,threads,sequins,and even eco-friendly materials to craft their rakhis. All the members of women cell were present in it including the Convenor of Women cell Dr.Lalita Rawat ,senior faculty members Dr.Poonam Mehta ,Dr Yogita Bandta ,Asst.Prof Vijay Laxmi,Dr.Punam Chauhan ,Dr.Shallu Dogra Sharma,Asstt.Prof Preeti Chhatti ,Asstt.Prof Diksha Chauhan, Asstt.Prof Priyanka and Mrs Nirdosh Pathania. Miss tiya a student of B.A 3rd year stood 1st,Miss Meenakshi student of B.A 1st year and Miss Tamana student of B.A 2nd year stood 2nd.The third position was bagged by Miss Sukriti a student of B.A 3rd year. The judges of this competition were Dr Poonam Mehta,Asstt.Prof Vijay Laxmi and Dr Punam Chauhan. Principal of the institution Dr.PP Chauhan congratulated all the participants for their artistic work.





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Women Redressal Cell

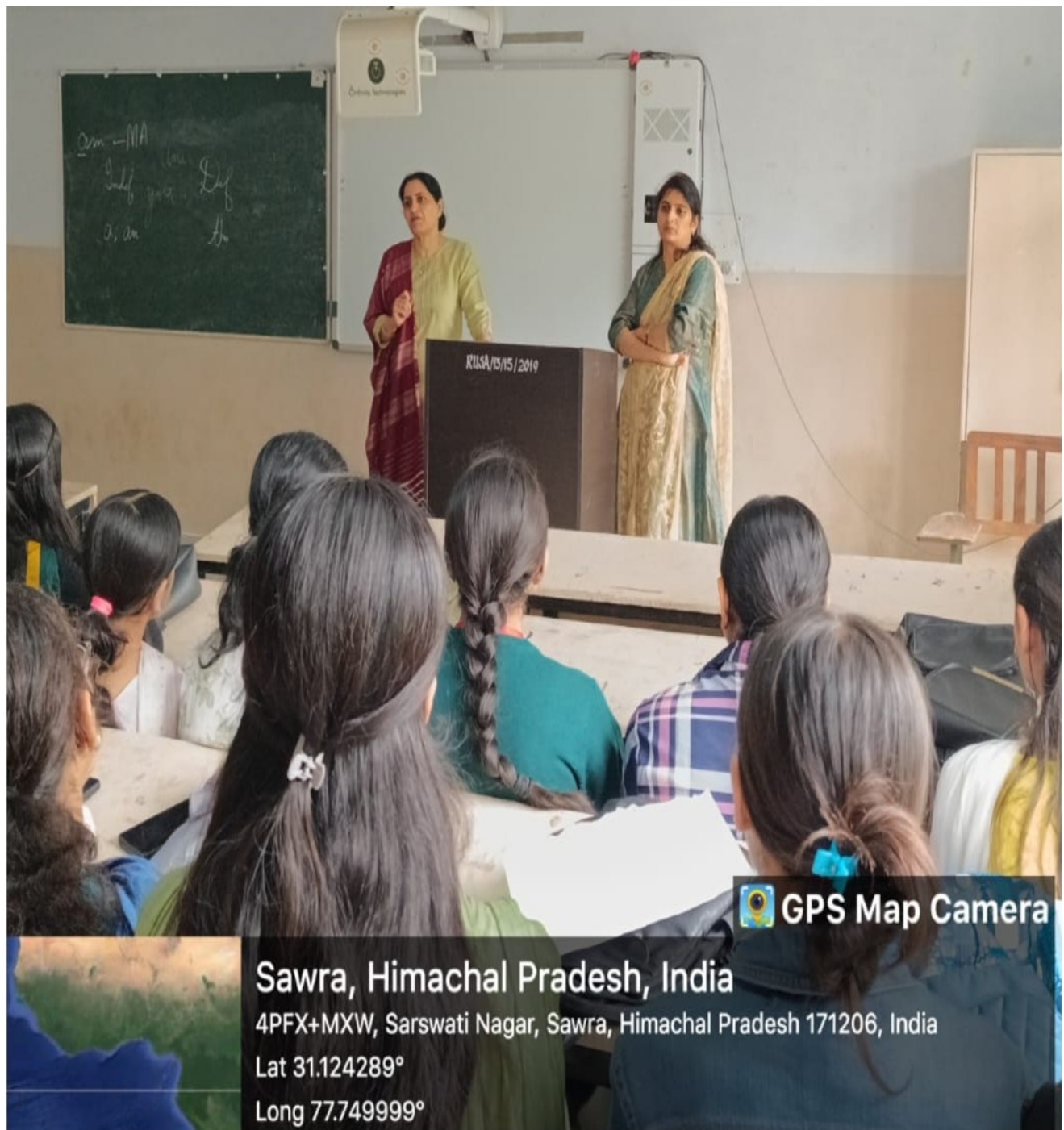
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Report on Health and Hygiene Drive

15-09-2023

Women Cell of LBS Govt.College Saraswatanagar organised a Health and Hygiene Drive on 15th September 2023. Dr Poonam Mehta was the overall Incharge of this Health and Hygiene drive. Under this drive three groups of female teachers were assigned the task of delivering a lecture to students regarding the importance of health and hygiene in our life.Asstt.Prof Vijay Laxmi and Asstt.Prof Preeti Chhatti delivered their lecture to girls of first year,Dr.Punam Chauhan and Asstt. Prof Priyanka delivered their lecture to girls of second year,Dr.Yogita Bandta and Asst.Prof Diksha Kumari delivered their lecture to girls of final year. All of them concluded that we all should adopt personal hygiene practices and making them a part of our daily routine. By adopting such types of measures we not only protect ourselves from illness but also demonstrate responsibility towards others health and well-being. Approximately 150 girls benefitted from this drive.





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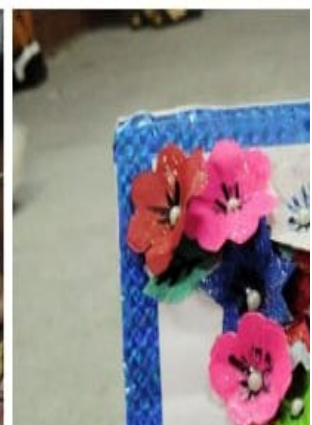
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Report on Art and Craft Workshop

31-10-2023

Women Cell of LBS Govt.College Saraswatinagar organised an Art and Craft Workshop including Mehendi designing, Rakhi –Making, Card –Making, Decorative piece-making etc for the students of the college. During this workshop students had been trained by the winners of previous competitions held earlier i.e Mehendi competition on 19th August 2023 and Rakhi –making Competition held on 26th August 2023.They also had been trained by other talented and skilled students of related courses. Approximately 50 students get benefitted by such programme. Principal of the institution Dr.P.P Chauhan,senior faculty members Dr Yogita Bandta ,Dr.Rohit Mokta,Dr.Punam Chauhan ,Dr.Shallu Dogra Sharma,Asstt.Prof Preeti Chhatti and Mrs.Roshani Chauhan were present in this event.







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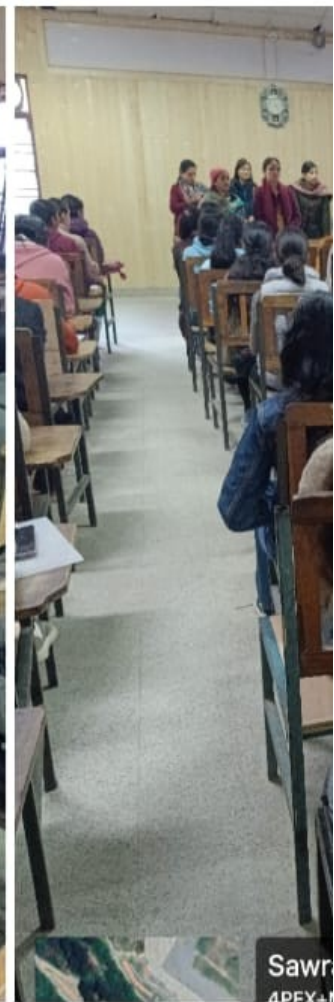
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Report on Health and Hygiene Drive

06-12-2023

Women Cell of LBS Govt.College Saraswatinagar organised a Health and Hygiene Drive on 6th December 2023. Asstt Prof Vijay Laxmi put light on various important aspects regarding women's health, hygiene, sanitation, sexual harassment and other abuses. All the members of the Women Cell talked on one or other issues making the things clear to the girls. Girls were told to create healthy and hygienic environment around them. Discussion round was also kept after the talks of the teachers. Girls actively participated and asked various questions regarding their health and sanitation.





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Report on International Women's Day Celebration

5-03-2024

With the Theme: "Inspire Inclusion" International Women's Day was celebrated on 5th March 2024 as on 8th March there was a gazetted holiday. As a part of International Women's Day Celebration 2024, Women Cell/ Sexual Harassment Redressal Cell/ICC joined together to celebrate the event by conducting a lecture at college premises. The circular/ notice was circulated among all faculty members and students for their information and approval was sought almost ten days in advance. Ms. Neeraj Jangta (Advocate) was the resource person. The event started at 10:30 AM at Multipurpose Hall. The initiation of the Event was undertaken by Dr. Monika Raina, Convener, Women Cell and other members of the committee. The event was inaugurated by worthy Principal, Dr. P P Chauhan, followed by all the Staffs, Students, different volunteers from NSS, R&R and Non teaching staff. The hall was adorned with colourful banners, lights and thematic charts and props, creating a visually appealing ambiance. The activities were aimed to motivate and increase the awareness levels of students and faculty members. Dr. Monika Raina, Convener welcomed the gathering by highlighting the importance of Women's Day Celebration where women are empowered to pursue their dreams and aspirations. She introduced the theme to encourage everyone to recognise and acknowledge the unique perspectives and contributions of women from all walks of life, including those from marginalised communities. Invest in women: Accelerate Progress was the benchmark of introduction with special focus on education and awareness as they play vital roles in fostering inclusion and empowering women. The Chief Guest, of the day Dr. P P Chauhan delivered an inspiring and motivating speech drawing his experiences, and imparted invaluable insights and lessons to the audience. His speech covered gender sensitization and empowerment of women. Among the highlights of this special day was a captivating lecturer titled "Consequences of Sexual Harassment at Work Place," designed to inspire and aware all women and men in our college regarding consequences of Sexual Harassment at work place. She disseminated knowledge about rights and laws related to women. This lecture shed light on the ill effects of sexual harassment and the laws and act which are there to help women. Through this lecture, we delved into the Prevention, Prohibition and Redressal Act, 2013 thereof. The objective of the event was to create awareness against sexual harassment and of gender equality along with gender sensitization for a healthy society. Also the milestone to be reached was the basic awareness. Following this a session of experience sharing was conducted in which members of the staff shared their experiences. They all were from different faculties of college and shared their views on the importance of women in their lives. After this a PPT Presentation was shown highlighting the famous women achievers of Himachal Pradesh from different fields. To encourage women there were cultural competitions with themes on women related topics and in addition to this there was a Quiz competition followed by recitation of poems, singing and playing of instruments, and dance. These competitions were open to students of all the streams of college. Last but not the least there was a powerful PPT presentation on women and gender by Dr. Shalu Dogra. Both faculty members and students participated enthusiastically and the chief Guest distributed the prizes to the winners of various competitions and to the girl students who had excelled in various activities of the college. In the end vote of thanks was proposed by Dr. Yogita Bandta. The event concluded with National Anthem.





Principal

LBS Govt College, Saraswatinagar

Convenor

Dr.Monika Raina

Women Sexual Harassment Redressal Cell/ Committee